

# MUSIC, LANGUAGE & DRUM CIRCLE

with SANDRA



The “Music, Language and Drum Circle” is a fun interactive parent and me music class, 1yr to 3yrs, with a focus on the precursors of language development, such as basic concepts, vocabulary, categories, sequencing, etc... We sing along to favorite children’s songs and original tunes in English and Spanish while learning to play along with shakers. We gather for our Drum Circle for an introduction to rhythm through activities such as “call and response” (imitating rhythms), imitating sound patterns around us, and jamming to favorite tunes. Drum Circles teach us to listen, share, communicate and even taking turns! While it is a structured class, it is a drum circle, so often the music is created in the moment with improvised songs and rhythms.

Everyone is born a drummer! We are biologically wired to drum, with our mother’s heartbeat our first introduction to rhythm!  
(Christine Stevens)

Drumming connects us all, like a common universal language to our hearts and makes us joyful!

Sandra has a Master’s Degree in Speech and Language development and has studied percussion at SDSU. She was instrumental in starting “Sol E Mar” Samba School in San Diego and later joined Meia Noite’s Samba Reggae group in LA. Recently she performs as “Sandra Sandia” with her band throughout the Los Angeles area at various venues, such as the Public Libraries, outdoor festivals and venues such as McCabe’s



and the Theatricum Botanicum in Topanga Cyn. Sandra also performs with “Samba da Mudanca,” an LA based Samba Reggae School. Sandra obtained a Master Healer Certificate from ClearSight Institute in Santa Monica.

Her CD “Sandra Sandia” and her single “El Futbol” are available on iTunes, CD baby, Amazon, etc...



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